Medivitan®

Restorative treatment administered by your doctor.*

- **Direct impact, without delays.**
  Noticeable revitalising effect, often after just the first dose.
- **100% bioavailability.**
  Faster and more effective than tablets or drinking ampoules.
- **More effective than vitamin B12 alone:**
  additional benefit with the combination of vitamins B6, B12 and folic acid**, as found in Medivitan®.

For more advice, please feel free to contact us at:

Stamp

* To treat fatigue caused by combined deficiency of vitamin B6, vitamin B12 and folic acid that cannot be corrected through diet alone.
** Ubbink JB et al. Journal of Nutrition. 1994; 124(10): 1927–1933.

MEDICE

Medivitan®iV pre-filled syringe, Medivitan®iV ampoules: Combined deficiency of vit. B6, vit. B12 and folic acid that cannot be corrected through diet alone. For the risks and side effects, please read the package insert and consult your doctor or pharmacist; 10/2018

Art. No.: 86081106129

Because fatigue* needs **rapid help**

Take the vitality test!
Check your symptoms now.

Renewed lust for life

Medivitan®
B6 +B12 + folic acid

Fatigue and its symptoms

Fatigue often develops gradually and can be a sign of deficient intake of the vital nutrients vitamin B6, vitamin B12 and folic acid.

As fatigue can follow a true downward spiral, it is important to take it seriously as soon as the first signs appear:

If fatigue continues for an extended period, the body loses its regenerative abilities, and symptoms can deteriorate. Restorative treatment can help!

Fatigue has many **causes**

The causes of fatigue vary from individual to individual, and there can be many triggers:

Increased vitamin B requirement

- Dual stresses of family and work
- Caring for relatives
- Extreme stress at times of crisis
- Menopause
- Stress
- Fever, frequent infections
- Chronic pain
- Intensive sport/ competitive sports
- Smoking

Inadequate intake due to impaired absorption

- Chronic gastro-intestinal disorders
- Reduced ability of the body to absorb nutrients with age

Malnutrition and under-eating

- Chewing problems (common in the elderly)
- High fast food consumption
- Long-term dieting
- Vegetarians or vegans
- Altered eating habits

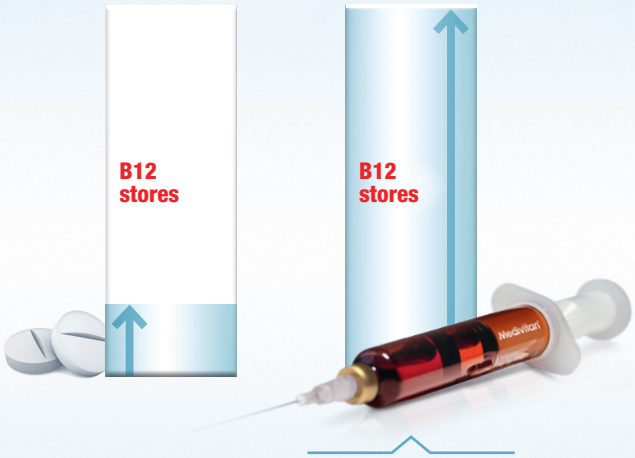
Inadequate intake due to medication use

- Antidiabetic agents
- Medicines for heartburn
- Anti-asthma drugs
- Oral contraceptives

Get help early and ask the team at your medical practice how **Medivitan®** can help your body to regenerate fast and recover its energy and performance.

Fast. Direct. **Powerful.** Effective replenishment of B vitamin stores.

Time-intensive process with tablets and drinking ampoules.



Rapid availability via injection

If you already have persistent signs of fatigue, you need rapid help.

The No. 1 restorative treatment:[1] **Medivitan®**

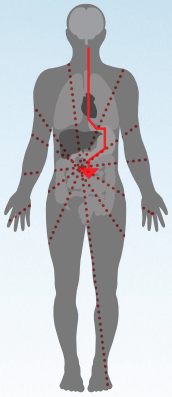
- **Fast:** The active substances reach the blood directly, without delays, and with 100% availability.
- **Long-acting:** Guaranteed B vitamin supply for several months.

The crucial factor is **bioavailability.**

The disadvantage of tablets and drinking ampoules

People often try to replenish empty B vitamin stores by using tablets or drinking ampoules, as oral administration seems more convenient at first glance. But there is a problem: only about **1%** of the vitamin B12 ingested in this way actually reaches the bloodstream. Regeneration can take several weeks via this route.

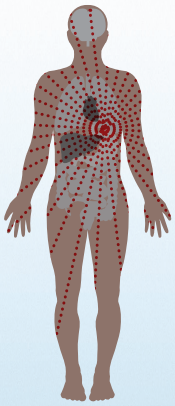
Impaired absorption can also make uptake more difficult or even almost impossible. This is also true for high-dose oral products.



Oral effect

Rapid effect through injection or infusion

Medivitan® is injected or administered as an infusion at your medical practice. In this way, the vital nutrients are **100%** available to the body and are rapidly distributed via the bloodstream. As a result, the revitalising effect is often apparent after just the first dose and lasts for several months.



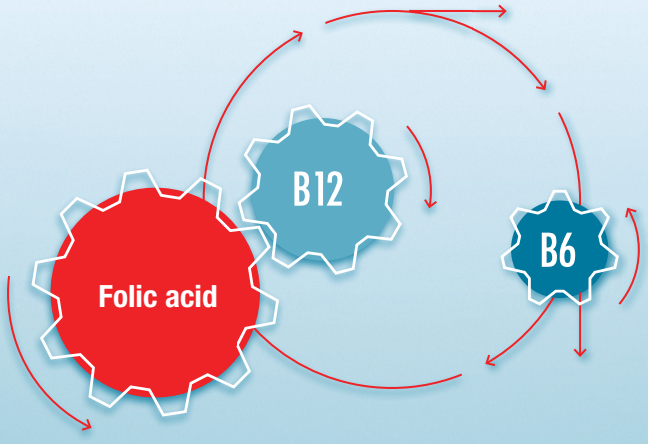
Parenteral effect

[1] Medivitan® is the leading parenteral B vitamin product in Germany; source: Insight Health ApoFusion MAT 06/2021,
Pharmacy sales turnover, all parenteral B vitamin products.

Specifically balanced composition

Medivitan® provides the exact composition that the body requires to regain lost energy and combat fatigue. The unique restorative treatment has been purposefully designed to support cell metabolism and optimal nerve function.

The specific combination and dose of vitamin B6, B12 and folic acid is decisive for its efficacy. Leaving out just one of these substances would greatly disrupt the reactions between the agents and block cell metabolism processes that are important for the body. This would have the effect that vital substances such as hormones and neurotransmitters cannot be produced in adequate quantities.



Very strong **medical** evidence[1]

A broad range of studies show:

93% of treating physicians assess efficacy as “good” or “very good”[2]

99% of treating physicians assess tolerability as “good” or “very good”[2]

90% of patients feel revitalised and energised[3]

Medivitan® has a noticeable effect after just one injection. After the full treatment course, almost all patients reported a marked improvement in their mental and emotional well-being[3].

[1]Naurath H. et al., The Lancet 1995; 346: 85– 89.
[2]Höller et al.: Med Welt 3/2014; 65, (Post-marketing study).
[3]Engels et al.: MMW 162–166/2007; 149. Jg., (Post-marketing study).

Exclusively at your medical practice: **Medivitan®**

Your doctor will generally recommend a 4-week treatment. Even if the doctor's appointments seem cumbersome at first, the outcome is worth it! Compared to tablets or drinking ampoules, the energising nutrients in **Medivitan®** are immediately and fully available to the body.

- **Noticeable revitalising effect,** often after just the first dose.
- **Faster and more effective** than tablets or drinking ampoules.
- **Long-lasting effect** for several months after a short treatment period.

Medivitan® Patient testimonials

"At last I have energy again for my family and work."

Karin S., 35

"Despite a very healthy lifestyle with lots of sport and a vegan diet, my physical performance had dropped significantly in recent times. The restorative treatment with Medivitan® worked very quickly for me. Even months after the restorative treatment, I still feel in top form and fully equipped for the demands of work and fun with the children."

"I can now put the menopause behind me."

Susanne L., 55

"Hot flushes, mood fluctuations and agitation are standard complaints during the menopause. With work on top of all that and then caring for my mother, my energy ran out at some point. My doctor recommended a restorative treatment to me, as my body had an increased need for energising nutrients as a result of these specific burdens. It was a good tip. I am now doing so much better on all fronts!"

"Asking my doctor for advice about my fatigue was the best decision I have made."

Reinhard S., 63

"I am taking antacids for my heartburn. A few months ago, I noticed a severe drop in my performance and persistent tiredness. My doctor explained to me that my medication can cause a deficiency in some important B vitamins. At first, I wasn't all that enthusiastic that I had to go to the doctor's eight times for the Medivitan® restorative treatment. Today I believe that I have never invested my time better. I now just feel more resilient and stronger."

With **2.6 million[1] users per year** in Germany, **Medivitan®** and its unique combination of active substances has now been helping to fight fatigue for more than 60 years. We hope that all patients can get well soon.

[1] (APO-Fusion MAT 4/19)

Vitality test:
How fatigued am I?

Take the test:

For each of the following twelve question, circle the answer that best applies to you, and then see your result. You can also show your doctor the completed test.

1. **I feel exhausted quickly, and I am also tired during the day.**
   A Sometimes | B Often | C Very often
2. **I have problems falling asleep and staying asleep, and I am still tired in the morning.**
   A Sometimes | B Often | C Very often
3. **I often have headache, stomach pain or back pain.**
   A Sometimes | B Often | C Very often
4. **I have a nervous disposition and often react irritably.**
   A Sometimes | B Often | C Very often
5. **My physical performance has markedly deteriorated.**
   A Sometimes | B Often | C Very often
6. **Because I find it harder to do things, I get even more stressed.**
   A Sometimes | B Often | C Very often
7. **I am often let down by my concentration and memory.**
   A Sometimes | B Often | C Very often
8. **I am no longer able to manage my personal and professional contacts properly; it stresses me out too much.**
   A Sometimes | B Often | C Very often
9. **I have a tendency to think too much; the thoughts going round in my head are just about work.**
   A Sometimes | B Often | C Very often
10. **My mood is low more frequently and I can no longer pull myself out of it.**
    A Sometimes | B Often | C Very often
11. **I ask myself more frequently what I am doing it all for; it all seems so pointless.**
    A Sometimes | B Often | C Very often
12. **I am taking medication for heartburn, diabetes, rheumatic disease, asthma or oral contraception.**
    A Sometimes | B Often | C Very often

Results: Which answers did you circle most?

Mostly A:

No real reason to be concerned. But remain vigilant. Generous recovery phases help you meet any challenges.

Mostly B:

To avoid the risk of fatigue, you should take proactive measures as soon as possible, such as regular movement, high-vitamin foods, and relaxation training. It is probably best that you also talk to your doctor about appropriate measures.

Mostly C:

You are showing some signs of fatigue. You should definitely do something about this now. Show your doctor this test, and undergo a thorough examination. Your doctor will then recommend an appropriate treatment for you.